



ACRRM FACE-TO-FACE COURSES

ACRRM's world-class courses provide medical practitioners, registrars and Fellows with confidence and skills to deliver exceptional care to patients. Run by experienced medical experts, using state-of-the-art equipment and up-to-date methods, participants will learn best-practice techniques in a hands-on, practical environment.



Australian College of
Rural & Remote Medicine
WORLD LEADERS IN RURAL PRACTICE

Explore ACCRM courses here
or at acrrm.org.au/courses



2 DAY COURSE

Rural Emergency Skills Training (REST)

18.5 + 3 + ALS + Tier 1 +
1 Anaesthetics (Emergency Response) +
3 Emergency Medicine HOURS ✓

ACRRM's flagship course, REST is known for its expert instructors, hands-on delivery, state-of-the-art equipment and relevance of situational scenarios. REST covers many of the common emergencies that are likely to present in the pre-hospital, small rural hospital and private rural practice environment.

You will leave this course with skills in basic life support and advanced techniques to assist with managing life-threatening injuries and multi-trauma events.

Professional Development Key

Educational Activity CPD hours
Performance Review CPD hours
Advanced Life Support (ALS)
Emergency Medicine Course Eligibility
Maintenance of Professional Standards (MOPS)

✓ Procedural Grant Eligible*

* Conditions apply, please see our website for details

1 DAY COURSES

Advanced Life Support (ALS)

9 + ALS + Tier 2 +
1 Anaesthetics (Emergency Response) ✓

Delivered in a relaxed, peer-to-peer learning environment, the ALS course will equip you with both basic and advanced life support skills with a strong focus on issues that arise in rural settings. Skills include using a manual defibrillator and an automated external defibrillator, identifying and managing life threatening arrhythmias, intravenous access or intraosseous access, and administering drugs in resuscitation with correct dosage and frequency.

Mental Health Disorders Training for Rural Practitioners

8 + Mental Health - MHST ✓

The increasing need to provide mental health support in rural communities makes this course a must-do. Topics include: depression and risk, planning, organising chronic care and comorbidity, anxiety and somatisation, patient education and support, using medication and chronic care. Delivered in person or online, participants who successfully complete the course will gain access to Medicare item numbers 2715 and 2717.

Pre-Hospital Emergency Care (PHEC)

9 + ALS + Tier 2 +
1 Anaesthetics (Emergency Response) ✓

In this course you will learn real-world practical skills and participate in a range of emergency scenarios that you may encounter as a Rural Generalist, providing you with the skills required in preparing for patient care situations outside the clinic or hospital. PHEC is run outdoors to provide a realistic experience and help consolidate skills required when working in unfamiliar or uncomfortable environments.

Rural Anaesthetic Crisis Management (RACM)

8 + 1 + Tier 2 +
4 Anaesthetics (Emergency Response) +
1 Anaesthetics (Practice Evaluation) HOUR ✓

RACM includes technical and non-technical skills with a focus on team communication and improving anaesthetic emergency skills for clinicians practicing in rural and remote environments. Based on the ANZCA emergency response activities, RACM walks participants through the current guidelines and reviews pharmacological options and considerations.

Rural Emergency Obstetric Training (REOT)

9 + 1 + Tier 2 + 1 Emergency Medicine HOUR
+ 1 Obstetrics and Gynaecology HOUR ✓

Build your confidence to face any birthing situation with REOT. Led by experienced GP Obstetricians and midwives, REOT's common and emergency birthing simulations provide opportunities to discuss situations from different perspectives and offers participants the chance to experiment with different equipment.

Ultrasound in Emergency Medicine

8.5 + Tier 2 ✓

The Ultrasound course is run in conjunction with Sonosite Fuji Film and covers the use of ultrasound in emergency medicine, trauma and clinical care. Using live patient models for greater authenticity, the course is well suited for beginners as an introduction to ultrasound, and experienced doctors as a refresher.

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courses and
book:



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at accrm.org.au/courses/online



The ACRRM Professional Development Program is designed to help you maintain and enhance your skills throughout your career. It aligns with the Medical Board of Australia's new Continuing Professional Development (CPD) requirements, making it easy for you to record your CPD. Choose ACRRM as your home of Professional Development.

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